



## 2010

Climbing Strong for 11 years at the Highlander Cycle Tour!

### What's New?

- All new road courses on Saturday as the Highlander visits new cols and vistas. For details go to Rides on the web page.
- We will continue the Prologue Individual and Team Time Trials Friday afternoon. Significant prizes will be awarded to the Open and Masters individual winners as well as the winning teams in 3 categories (MM, FF, MF).
- Last year's custom Highlander cycling jersey is still available. Other previous kit items for sale in limited quantities and sizes as well at the post-ride Expo.
- Custom Highlander running hats and swag bags. Check this out:



### Ride info

- Please pin your rider number to the back of your jersey.
- Suggested Start Times for Saturday event:
  - 6:30 am for Death Before Dismount (DB4D)
  - 7:00 am for Quadshilla Thrilla and Corkscrew Century
  - 8:00 am for Mountaineer
  - 9:00 am for the Yodeler.Please remember the rules of the road!
- Route Maps
  - Route maps and cue sheets will soon be available on the website. We suggest you print your own map as availability at registration will be very limited.
  - All road courses will have markings on the roads before and at all turns (see marking scheme board at start area). There will be orange blazes on the trees or ground for the Mountaineer.

- Refueling Stops
  - There will be many refueling stops on course. As a precaution, all riders should plan to bring their own extra supplies including at least one bike bottle for refilling.
- Medical
  - Be cautious on turns and watch for loose gravel/stones. It's always a good idea to carry some sort of small aid kit in case.
  - In the case of more serious incidents, please call 911. The HCT and/or Bristol Mountain are not licensed or equipped to provide medical aid.

### **After the Rides**

- Friday - At the conclusion of the Time Trials on Friday evening, the annual post-TT wine and cheese party will be held at the Bristol Mountain Main Lodge. The party will start at approximately 7:00 pm. Awards will be at approximately 8:00 pm.
- Saturday - Post-ride dinner will be served between 1:00 pm and 6:00 pm. Please plan your ride time accordingly. At the conclusion of your tour on Saturday, please bring your rider number into the main lodge at Bristol Mountain Ski Resort to garner your post-ride dinner and rider goodie bag.
- Post-ride music will be provided for your entertainment.

### **Goodie Bag**

- Your custom Highlander rider bag will include a commemorative bottle of wine or juice from Arbor Hill Winery, a custom Highlander tech hat, Highlander sticker and a full post-ride dinner, complete with grape pie.

### **Extra Dinner Tickets**

- If you purchased extra dinner tickets, they will be in your rider number packet. If you want extra dinner tickets for friends and family and didn't purchase them when you registered, there will be a limited number available for purchase for \$10 each at the registration area.

### **EXPO**

- Make sure you stop by and check out what's going on at the EXPO, including opportunity to buy pre-season passes to Bristol Mountain, get a much needed massage, visit the Highlander store and place your bids at the exciting silent auction.

### **Raffles/Donations/Auctions**

- For every extra \$25 tax-deductible donation you make, you will receive one chance to win one of many great prizes, including local bike store merchandise. If you haven't already, you can make a donation at the event near the registration area. If you made a donation when you registered, you will find a charitable donation receipt in your rider number packet.

Finally, we are again proud to donate proceeds from the event to Mercy Flight Central, the Lance Armstrong Foundation, South Bristol Historical Society, Bloomfield Rotary Club, and other health/fitness/Green space initiatives. So come, help us climb another 10 years together!